

# UNO TryATHLON — April 30, 2006

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## Just Give It a TRY

As the name suggests, this event is geared to get people to participate. "Non-competitive" is an important theme for this event, this means we invite participants of all ability levels and ages. Come TRY the event . . . this is an opportunity that doesn't get much more inviting.

## WHEN & WHERE

Event Day: Sunday, April 30, 2006

Check-in begins at 8:30 am

First Group will start at 9:30 am

Course is conducted entirely on the UNOmaha Campus

Please park by the Bell Tower and check-in on the Pool Deck in the HPER Building.

## SPONSORS

This is an inexpensive event, which is only possible because of sponsors. We appreciate the sponsors assistance and we hope you appreciate them and consider their services in the future.

Dave's Auto Body	Chip Greene
Espresso Mary's	Steve Tyler Agency
Champion Construction Co.	Omaha Masters Swim Program
Steve Andersen Electrical Contractors, INC.	Lawlor's
Acura of Omaha	Nelson RV World
Swimwear Unlimited	PE 101
C&H Heavy Duty Specialists	Noll Human Resource Services
Bel Air Animal Clinic	Reisinger Law Office
Pat Lemmer's Insurance	Lerner Company
Physiotherapy Associates	Bergman Jewelry
Lerner Company	Alvine and Associates, INC.
The Nelson Foundation	Stevie Jay's
Alvine and Associates	Dennenberg Facial Plastic Surgery

## COURSE DESCRIPTION

Swim - Do it any way you desire; kick, swim, pull, walk or any combination. This is for fun!

Bike - The bike will be on the University Drive encompassing the Campus, **two loops. Helmets are required.**

Walk/ Run - The walk/ run will be on the sidewalks around the Campus, one loop around the campus.

MAKE some COPIES and INVITE your FRIENDS!

# REGISTRATION

Name \_\_\_\_\_  
City \_\_\_\_\_ State & Zip \_\_\_\_\_  
Address \_\_\_\_\_

Phone \_\_\_\_\_  
Age (optional): \_\_\_\_\_  
T-shirt size: S M L XL

Please Read and Sign the participation wavier below.

In consideration of your acceptance of my entry fee, I hereby for myself, my heirs and executors, administrators, successors, and assigns do waive and release any and all rights for damages against UNO, or it representatives and/or assignees, and any race officials or sponsors, of and from all claims, demands, damages, costs, expenses, action and causes of action, whether by law or equity, in respect of death, injury, loss or damage to my person or property howsoever caused, arising or to arise by reason of my participation in the said event, whether as spectator, participant, competitor or otherwise; whether prior to, during or subsequent to the event. I further certify that I am in good physical condition to participate in this event. By submitting this entry, I acknowledge having read, understood and agreed to the above release, waiver and indemnity.

Signature \_\_\_\_\_ Date \_\_\_\_\_

(Parent of Guardian required if under 18)

(cut and mail)----- (cut and mail)

## DISTANCES

200 yard Swim

3.3 mile Bike

1.2 mile Walk/ Run

**(participants 12 and under have the choice of doing half the distances)**

## ENTRY FEE

Entry fee is \$15.00. (\$10 without t-shirt)

Check payable to *UNO Athletics*.

Entries must be postmarked by April 15.

Late & race day registration is \$20 (\$15 without t-shirt). No refunds.

Mail the entry to: UNOmaha Swim/Dive,  
60<sup>th</sup> & Dodge-Athletics, Omaha, NE 68182  
(Todd at 554-2346.)

## SPECIAL CONSIDERATIONS

1. If you desire to be in a group, then mail all registrations together in one envelope.
2. Heat order will be determined by receipt date of registration form; first received first swim.
3. If you would like a confirmation of your projected start time, then include a self addressed stamped postcard with the registration form.
4. **Bicycle helmets are required!**

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U.S.POSTAGE  
PAID  
OMAHA, NEBR.  
Permit No. 301

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